

Sustainability and Human Rights: Ethical Dimensions of an Urban Agenda
HDCA Pre-Conference Activation Day
Wednesday, September 9, 2015

A joint effort of the HDCA Ethics, Human Rights, and Sustainability Thematic Groups, and the International Development Ethics Association.

Martha's Table: 10:00 am - 1:00 pm

2114 14th Street NW Washington, DC 20009

*Martha's Table works to strengthen children, families and community by making healthy food and quality learning more accessible. For 35 years, Martha's Table has served as an important community partner, expanding access to a range of skills and resources needed to earn, learn and lead through life. Our work focuses on three areas: **Healthy Start, Healthy Eating, and Healthy Connections.***

Volunteer Information: Food Prep Program at Martha's Market (a program of Martha's Table) *We will be helping to prepare 150 - 250 meals for the nightly, hot meal distribution on McKenna's Wagon. For 35 years, Martha's Table has increased access to food in the District of Columbia. Their Healthy Eating programs brought over 800,000 meals to children, families, and neighbors throughout the District in 2014.*

Team HDCA will meet outside Martha's main entrance (or inside by the receptionist desk if bad weather) at 9:15 am. We will enter as a group at 9:30 and get signed in and oriented.

IMPORTANT DETAILS from "MARTHA":

- We have reserved the shift for our entire group, however EVERYONE will need to create a volunteer account before their scheduled shift. Go to:
<http://mckenna.marthastable.volunteerhub.com/SignIn.aspx>
- Space is limited so we cannot bring more than our scheduled number of attendees. If someone wishes to join you, they should check with us first to see if a spot remains.
- Storage space is limited, so please try to travel light.
- Arrival time: Please arrive on time and ready to serve. Martha's does not permit late arrivals. Detailed directions by public transit will be provided. Expect a short walk from the metro.
- Volunteers Must Wear: Long pants (no pajama pants and no spandex pants please), Hats if you do not wish to wear a hairnet, Closed-toe shoes
- Volunteers Must NOT Wear: sandals, tank-tops/sleeveless shirts, exposed midriff
- Cancellation: If for any reason you need to cancel your spot, please let us know right away. We need to provide Martha's with at least 24-hours' notice (9:30 am the day before your shift).

Lunch between Martha's Table and the Riverboat Tour will not be provided, but we will walk together to find a suitable place for a quick bite before leaving for the river. There are *many*

great, inexpensive eateries in the few blocks right around Martha's Table. (You are also permitted to break for a quick snack during your Martha's Table shift if you get hungry.)